

Lectio Divina



...receiving

the word of God

1. Come to silence held in God's presence.
2. Read a short passage slowly and aloud, listening for the phrase or word that God brings to your attention.
3. Re-read the passage and ask, "How does this touch my life?" Listen for what God is revealing under the words.
4. Re-read, listening for the invitation that is particular to your present experience.
5. Rest thankfully in what God has given.

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