WEEK 4: Peace

Here are the materials we will be using for week 4. You are welcome to use them any way you choose and may consider waiting until the gathering to engage with them for the first time. Included each week will be the reading, the visual and musical pieces, as well as some reflection questions. We hope for a rich time of wondering as you deeply explore the story of God in new ways.

Reading: Luke 2:13-15

Mother holding her child - Hussein Abu Sadeq



"Out of suffering, pain, and siege, we derive hope, art, and victory. We drew on the rubble so we can get the message through using a brush and color." -Sadeq

Graffiti Art in the rubble of Gaza

Reflection Questions

These are for your use (or not) during the visio divina, music listening and personal reflection times.

- 1. What part of the image are you drawn to? Spend some time there and notice what stirs within you. (images, body sensations, emotions, memories, etc.)
- 2. Allow what has been revealed to unfold in your imagination. How might this be connected to life in the present?
- 3. Do you have a sense of God's invitation for yourself or the group? What might that be?

Music for silence

During the gatherings, music will be played as a way to enhance the reflection or offer a different reflection opportunity. You are invited to listen in a comfortable posture, with body relaxed and eyes closed, or however you feel comfortable.

Adagio for Strings - Samual Barber, performed by ThatCelloGuy

Closing Song

Each week we will close our time with a song with lyrics. You are invited to join in the singing (on mute) if you would like. The lyrics and the link to a recording (if one exists) will be provided each week for your reference.

Deep Peace

Deep peace of the shining stars to you Deep peace of the quiet earth to you Deep peace of the gentle night to you Deep peace of the light of Christ to you

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Unfortunately I don't have a recording of this round as I learned it in person from a group of Acadian singers. It is a Gaelic blessing often sung in a major key, however, this version is a round and sung in a minor key.

May we know the peace of Christ, the one who comes to renew the world. Amen